Containing the Spread of COVID-19

The following is based on CDC recommendations

**Person 1**
- Is confirmed to have COVID-19, or
- Has a fever, or new cough, or
- Is under investigation for COVID-19
Then he or she should self-isolate, receive care, and should not return to work until a doctor confirms it is safe.
At this time, direction is at least 72 hours after the resolution of fever, cough, gastrointestinal and respiratory symptoms without the use of medication.

**Person 2**
Person 2 should self-quarantine for 14 days and self-monitor for fever, or new cough.
The CDC defines **Close Contact** as: a) being within approximately 6 feet (approximately 2 to 3 seats on plane, train, bus) of Person 1 for an extended period of time; Close Contact can occur while caring for, living with, visiting, or sharing a healthcare waiting area or room with a Person 1 – or – b) having direct contact with infectious secretions of Person 1 (i.e., being coughed on).

**If Person 2 Is Asymptomatic**
- Remain at home for 14 days or in a comparable setting
- Practice social distancing
- Actively monitor symptoms

**If Person 2 Becomes Symptomatic**
- Self-isolation and follow protocols for Person 1 including seeking medical care

**Casual Contact**
would include working in the same indoor environment, such as an office or project site, with Person 1, for a prolonged period of time but not meeting the definition of Close Contact. It would also include incidental interactions with Person 1 such as walking by the person or being briefly in the same room.

**Person 3**
Person 3 has no need to self-quarantine. Person 3 should self-monitor for a fever, or new cough.

**Person 4**
Person 4 has no need to self-quarantine.

The following is based on CDC recommendations

March 23, 2020